

Lashia Bowers

Lashia Bowers is a PhD candidate in Educational Leadership at Clemson University. She is a Licensed Professional Counselor and an Alcohol and Drug Counselor. She has experience teaching high school and at a technical college. She hopes to gain an opportunity of community reflection/healing/organizing by submitting to this journal.



Embark on Fawohodie

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A poem about realizing freedom through transformation.

I went to the ocean

to get energy from my ancestors

*MISeducation etched MISinformation in my wave lengths
having me thinking that my bloodline started on a ship*

While the world goes through the motion

To eradicate racist systems (as if this were the first riot)

*I must dig deeper
realizing the system was developed on the idea of my submission*

Things fall apart leading to abolition

To proverbial jump-ship

*we follow the rhythms of war drums
holding our hands up and marching (two by two) in acquiescence is no longer enough*

They Shootin'

It is time to lift our eyes to volition

*To see the knife in their outstretched arms, the Judas in the kiss
weaponize resistance as a form of mental healthcare
singing in litany against this mental/physical/spiritual warfare*

I am Born FREE

We will continue the UPRISING

I have every human in my DNA

We have the power

I will not rest until

We embark on Fawohodie

Then, with my fist held high and my mind's eye
 To sea the endarkening of the future
From EMPIRES to arks: arks to EMPIRES
centering in the motherland

 no wahala
 fathom this
 we survived
 the flood
 let's manifest
our world/the fire/the uprooting/our world